



INTERNATIONAL

Women's Day

REPORT

Women walk myriad paths today. In accordance with the theme of the International Women's Day as declared by the U.N Women on 8th March 2021, Youth for Seva, through a series of online and offline events across our chapters, celebrated the determination, struggles and achievements of women during the COVID-19 pandemic.

OVERALL ENGAGEMENTS



4,473

Community Partners



430

Volunteers



16

Cities

LIVE WEBINAR SERIES

17

Speakers

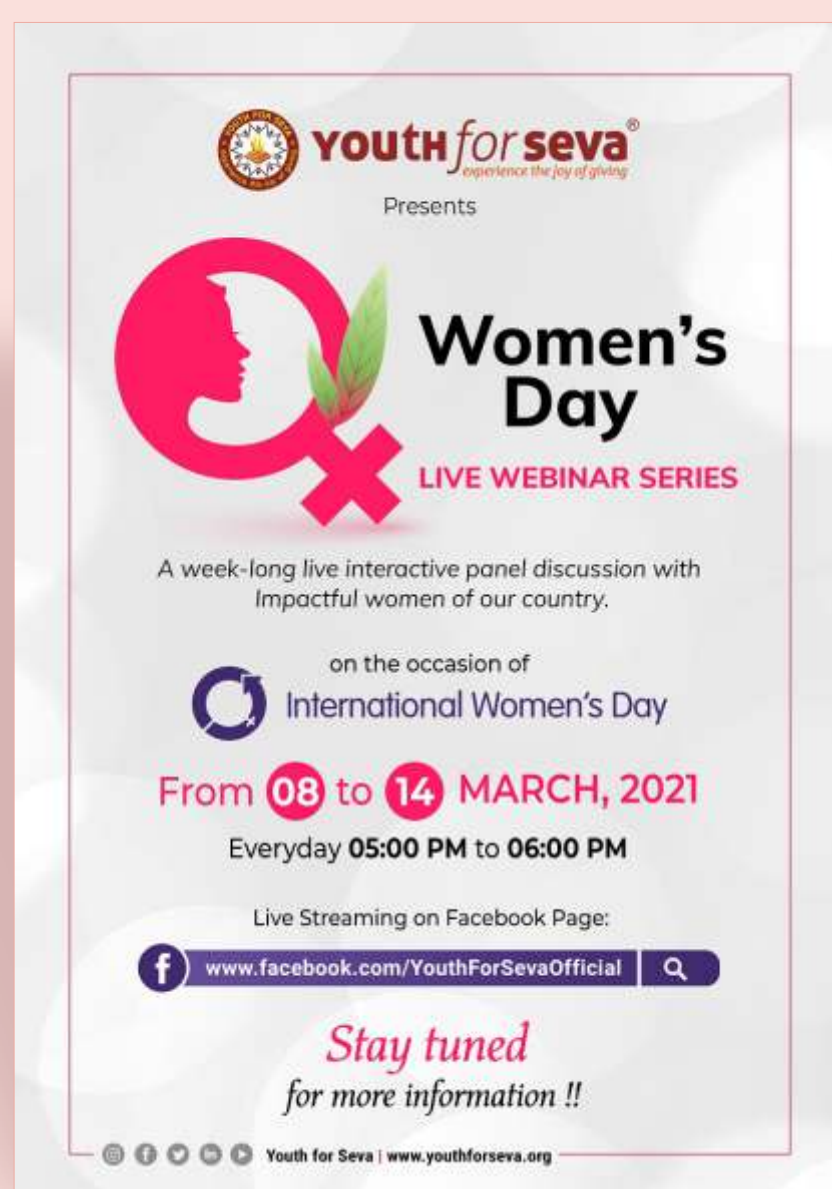
6

Volunteers



Reach

43,115



To commemorate the contribution of women in different fields, a week-long live interactive panel discussion was held from 8th March - 14th March with Impactful women. YFS volunteers gratefully moderated all the sessions. The Series concluded on a high note with a woman warrior from the **Indian Army** who was once our volunteer, addressing 133 participants via Zoom platform.

DAY
01

4,588 Facebook Reach

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VARADA HEGDE
Deputy Director (service)
Seva-in-Action



SHILPA VERNEKAR
Founder, Jagruti Mahila
Swavalambana
Kendra, Seva Bharathi



**NAGARATNA S
RAMGOUDA**
Founder,
Ashraya Foundation

TOPIC:
Women in Social Transformation
(A session in kannada)

DAY
02

13,896 Facebook Reach

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CHANDRIKA CHAUHAN
Founder,
Udyog Vardhini, Solapur



SHILPI SHAH
Founder,
Shilp Srajan Sansta

TOPIC:
Women in Social Transformation
(A session in Hindi)

DAY
03

9,829 Facebook Reach

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PARNIKA PAVANRAM
Assistant Commissioner (P)
Govt. of Karnataka



MANGALA BHATT
Volunteer Tutor,
YFS Non-Formal School
Bengaluru



JAYASHREE SRIRAM
Volunteer Teacher
YFS Hyderabad &
Gujrat

TOPIC:
Impactful Women Volunteers

DAY
04

6,477 Facebook Reach

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DR. JYOTHILAKSHMI K
Family Physician &
President,
Doctor For Seva



DR. UMA RAO
Consultant Pediatrician &
Adolescent Health
Specialist



DR. SANDHYA
Multi disciplinary
Professional,
Counsellor & Educator

TOPIC:
Women Doctors in Seva

DAY
05

2,658 Facebook Reach

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DR. SEETHA
Retd. Space Science Lead at the
U.R. Rao Satellite Centre
Former Director of Space Science
Programme Office at ISRO



NIKHITHA C
Co-founder
Society for Space Education
Research and
Development (SSERD)



DR. JYOTSNA RAO
Senior Principal Investigator
Biocon Bristol Myers
Squibb Research and
Development Center

TOPIC:
Women in Research, Science & Technology

DAY
06

5,673 Facebook Reach

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CHAYAA NANJAPPA
Founder &
Managing Partner,
Nectar Fresh



SMITHA MAVE
Executive Director,
Athenahealth



KALPANA NAGARAJ
Managing Director ,
MICRON EMS TECH PVT LTD

TOPIC:
Impactful Women in Leadership

INTERACTIVE SESSIONS (Online)



745
Community Partners



6
Volunteers

Interpersonal interactions enable empowerment and sensitisation. As a part of women's day celebration, the volunteers of YFS reached out to women across the country and engaged in fruitful discussions with them. On the eve of women's day, the Karimnagar chapter organised an online interactive session with Smt. Yamuna Pathak Ji, an eminent speaker, psychologist & social worker who represents India on various international platforms on women empowerment. The Nalgonda chapter hosted a session with Smt. Jayaprada Devi Ji, a social worker, on the topic of Education for girls. An interactive session with Smt. Payam Jyothi Ji was organised by the Vijayawada chapter. Payam Ji represents Natwan Sangham which works for the rights & upliftment of tribal women in Andhra Pradesh.

Chapters: **Nalgonda, Karimnagar & Vijayawada**

SELF-DEFENCE SESSIONS

(Online / Offline)



1506
Community Partners



128
Volunteers

Self-defence is crucial for defending the self and our loved ones. On the occasion of women's day celebration, various chapters of YFS reached out to different facets of the community to teach the art of self-defence. The Bhopal, Belagavi, Delhi, Hyderabad, Noida, Sirsi, Tumakuru and Mysuru chapters conducted dedicated self training sessions in both online and offline mediums. The Self-Defence training by Mahila Samman in the Bhopal Chapter, Ms Poonam in the Hyderabad Chapter and Shotokan Karate training in the Sirsi Chapter were some of the inspiring self-defence sessions organised as a part of women's day celebration.

Chapters: **Belagavi, Noida, Bhopal, Delhi, Hyderabad, Sirsi, Tumakuru & Mysuru**



AWARENESS SESSIONS

(Online / Offline)

ONLINE



295
Community Partners



18
Volunteers



1158
Community Partners



150
Volunteers

OFFLINE

Awareness is one of the important areas YFS touches upon. These awareness programs were directed to better understand the status quo and empower women in society. The Bhubaneswar chapter organised a webinar hosting a famous gynaecologist and Durga Vahini national coordinator, Pragya Mahala ji, who addressed the volunteers on women safety and Menstrual Hygiene. Volunteers from Belagavi and Hyderabad chapters advocated cybercrime awareness in both online and offline mediums. The Delhi chapter organised 3 hour offline sessions in 8 different locations along with NGOs partner and invited an advocate from the Delhi State Legal Services Authority (DSLISA) to shed light on domestic violence against women and child rights. Engaging activities like painting and essay writing competitions were also organised in 2 different locations in the learning centers at a Seva Basti. Adolescent health awareness program was conducted in the Hyderabad chapter. The Noida Chapter conducted a webinar on Mental Health Awareness along with a Menstrual Hygiene session at Government School, Haibatpur, accompanied by sanitary pad distribution.

Chapters: **Bhubaneswar, Noida, Hyderabad, Belagavi, Patna, Delhi & Mysuru**



GRATITUDE TO TEACHERS & VOLUNTEERS (Offline)



605
Community Partners



94
Volunteers

YFS volunteers expressed gratitude to the women making an impact in their lives and society. Thank you cards were distributed in the Belgavi, Mysuru, and Tumakuru chapters to express gratitude to teachers. An inter college best women volunteers felicitation took place in the Hyderabad chapter to felicitate women volunteers who have done exceptional work in the previous year.

Chapters: **Tumkur, Belagavi, Hubballi, Hyderabad & Mysuru**



OTHER ACTIVITIES (Offline)



164
Community Partners



34
Volunteers

In addition to the core events, other fun-filled events were organised to commemorate the occasion of women's day. In the Dehradun chapter, the volunteers expressed their gratitude and respect through hand and face paintings. A livelihood project was also started to train women artists with Aipan Art in Uttarakhand, the training was conducted for a month to enhance the creative skills of these artists. Volunteers from the Hyderabad chapter went to a school in Hydershakote and conducted various competitions like essay writing and gave prizes to the winners to promote their talent. Female volunteers from the Patna Chapter took upon themselves the task of plantation and cleaning drives as a symbol of respect and care for

Mother Earth. In the Sirsi Chapter, a campaign called 'Hasiru Ahara Hasiru Aarogya' (Green food, Green health) was started and the resource person Dr. Ravikirana Patavradhan, demonstrated simple home remedies to treat numerous ailments.

Chapters: **Dehradun, Hyderabad, Patna, Sirsi & Bengaluru**



ENGAGING COLLEGE INTERNS

YFS engaged college interns from various chapters across the country in numerous events in order to sensitize them on social issues and keep the momentum of women's day celebration. Volunteers conducted several awareness sessions online & in colleges on Menstrual Hygiene, Breast Cancer & Cervical Cancer Awareness, Cyber Crime awareness & Self-Defence. A group of 15 interns visited Frontline Covid-19 Workers to pay tribute to their dedication and contribution to society. A team of interns created videos and wrote articles of their work to spread the message.



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A Message from
Youth For Seva Women Volunteers

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experience the joy of giving

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Youth for Seva | www.youthforseva.org

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